

PHYSICAL EDUCATION

GCSE



Examination Board: Edexcel
Subject Leader(s): Mrs R Mee, Mr T Capewell



Course Structure

Topics/Unit Title	Assessment	Weighting(%)
Component 1	Written examination 1 hour 45 mins	36%
Component 1	Written examination 1 hour 15 mins	24%
Component 1	Practical performance	30%
Component 1	Written coursework	10%

What does the course involve?

The course is 60% theory (i.e. many of the lessons will be classroom based) You will cover sociological, psychological, anatomical and physiological and biomechanical issues in sport. You must have a healthy appetite for learning to succeed in this course.

The practical element requires students to complete **three** physical activities from a set list.

One must be a **team** activity

One must be an **individual** activity

The final activity can be a **free** choice of either team or individual.

Team List

Football
 Badminton doubles
 Basketball
 Cricket
 Hockey
 Netball
 Rowing
 Rugby
 Table tennis doubles
 Tennis doubles

Individual List

Amateur boxing
 Athletics
 Badminton singles
 Canoeing
 Cycling (track or road)
 Dance
 Golf
 Gymnastics
 Equestrian
 Kayaking
 Rock climbing
 Rowing
 Skiing
 Snowboarding
 Swimming
 Table tennis
 Tennis
 Trampolining

Further Study/Employment Prospects

College to study A level Physical Education or BTEC National in Sport and Health & Fitness.

University as an under-graduate researching Sport and Exercise Science.

University to study education and train as a PE Teacher / Fitness Instructor / Physiotherapy.

Skills you will develop

Your practical skills, technical and tactical.

- You will also develop your ability to analyse a performance using different types of data collection.
- Your ability to question content should improve and your understanding of the syllabus will therefore be developed.
- Your time management will need to be hot! As late work will often end up in detention!
- The ability to work independently and part of a group is key to your personal development.
- Finally you must be an independent learner. Students who struggle on this course does not exhibit the healthy appetite required to be curious about their learning and therefore do not read outside of lessons by choice.